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# St John's Tuckshop Weekly Menu

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## THURSDAY

Nacho Beef/ Vege **GF** \$5.00

## FRIDAY

Carbonara	Small	\$4.00
	Large	\$5.00
<b>GF Option Available</b>		+\$5.50
Lasagne		\$5.00
<b>GF Option Available</b>		+\$5.50
Focaccia		\$5.00
(Aioli, Baby Spinach, Roast Pumpkin, Tomato, feta)		

## DAILY SPECIALS

### MONDAY

Penne Bolognese	Small	\$4.00
	Large	\$5.00
<b>GF Option Available</b>		+\$5.50

### TUESDAY

Sushi (Full Roll)		\$6.00
(Chicken/Avo Terriyaki Chicken Tuna/Mayo Avocado <b>All Sushi is GF</b>		
Hamburger		\$5.00
<b>GF option available</b>		+\$5.50
Vege Burger		\$5.00

### WEDNESDAY

Butter Chicken <b>GF</b>	Small	\$4.00
	Large	\$5.00



# St John's Tuckshop Weekly Menu

Phone: 07 5441 5666  
Email:  
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## BREAKFAST SMART START

Bacon & Egg Muffin	\$3.50
Croissant	\$3.50
Fresh Fruit Salad	\$4.50
Gourmet Yoghurt	\$3.50
Cereal Bowl	\$2.50
Muesli Yoghurt	\$4.00

## SUPER SNACKS

Cheese & Crackers	\$2.50
Muffins	\$2.00
Cakes	\$2.50

## ICE BLOCKS

Assorted Ice Blocks From	\$0.50
Sorbet Mango	\$1.00
Real Fruit Slushie	\$2.00

## SANDWICH & SALAD BAR

Assorted Sandwiches From	\$4.00
WRAPS	\$4.50
ROLLS	\$4.50

ADD \$1.00 FOR GLUTEN FREE

Salad

(Lettuce, Tomato, Carrot,  
Cheese & Cucumber  
Egg & Lettuce  
Chicken & Salad  
Ham & Salad  
Ham, Cheese & Tomato

### SALAD TUB

Caesar Salad with Chicken	\$5.00
Garden Salad <b>GF</b>	\$5.00
Add Ham or Chicken	\$0.50

### SALAD ON THE GO

(New Salad Every Week) \$4.00

### BAGETTE

Chicken & Avo	\$5.50
Ham, Cheese and Tomato	\$5.00

## HOT FOOD

Sausage Roll	\$4.00
Pizza	\$4.00
Pepperoni / Ham & Pineapple/ Vegetarian	+\$5.50
Gluten Free Pizza	+\$5.50

## DRINKS

Sipsah Straw with Milk	\$2.00
Hot Chocolate (Winter Only)	\$2.00
Banana Smoothie	\$3.00
100% Juices 250ml Popper Water	\$2.00 \$1.50