Dear Parents, Students, Staff, Friends and Carers,

I write to you this week from Melbourne as I attend the Positive Schools - Mental Health and Wellbeing Conference. The conference to date has presented some excellent speakers and a multitude of interesting concepts and programs. It is also very cold down here in Melbourne. I look forward to presenting some information from the conference at a later date as there is some value her for staff, parents and students.

As I write this article I am listening to a powerful presentation on motivating students given by Helen Street, Social psychologist and stress expert. She makes a lot of sense and here is a quick summation of her talk, ‘A’ is for Average - rewards, punishments and intrinsic motivation -understanding the link between motivation and a love of learning.

This presentation looks at the power of intrinsic motivation to build a love of life and of life long learning. Students who are intrinsically motivated learn to embrace a multi-faceted view of wellbeing that rises beyond ideas of immediate pleasure and positive emotion. Intrinsically motivated students have a sense of ownership and control over their day to day choices. They are more engaged in life and more content than their extrinsically motivated peers.

Teachers and parents often encourage desired behaviours with extrinsic rewards that over the immediate positive emotion. We give children money for contributing to house work, stickers for sitting quietly in class and grade ‘A’s for handing in well written reports. Success with this type of extrinsic motivation in the short term may present a number of significant barriers to a love of life long learning.

This is quite thought provoking and perhaps you can give it some thought over this long weekend.

This last week we have continued on our merry way with success across sport and cultural pursuits. I had the great pleasure of witnessing some excellent spirit and sporting prowess of the netball girls and rugby boys. I gain great joy from seeing positive efforts and improvement. The girls were magnificent in defeat and the junior boys rugby shows healthy signs of greatly improve skills and thinking.

I am a little biased here and I would like to sing the praises of the 15’s rugby team that I coach, for their excellent performance on Wednesday as they defeated James Nash 17-5 having turned this around from a 20 point defeat the first time we met. Well done boys and good luck to all rugby teams as they prepare for their semi-finals this coming week.

The P&F meeting met last Tuesday and are busy finalising the roster for the Nambour Show gates. We still have a few gaps and I ask that you contact Tracey at the college if you are able to give some time.

The most important event this coming week is the advent of semester exams and assessment. This time of the year can be extremely stressful for our senior students. Staff of the college have prepared students well and I have every confidence that these young men and women will have also prepared themselves well for what is ahead.

Parents and Carers of our middle years learners may also notice a little anxiety over the next two weeks as assessment for the semester comes to fruition. Please be mindful of these stresses and help them prepare confidently.

"Once you have learned to love, you will have learned to live.” (anon).

Chris Gold
Principal

Unbind and Set Free
St John’s College
Nambour
Year 8 Enrolments 2015
St John’s College is a Catholic co-educational college for Years 8-12 where students achieve outstanding OP, Vocational and NAPLAN results within a supportive, caring and contemporary environment.

Parent Information Evening
The Parent Information Evening will be held at the college on Wednesday 7 August at 7pm.

Interviews conducted Monday 26 August through to Wednesday 4 September.

Please call the college on 5441 5566 for enrolment packages.

Year 8 2015 Enrolment Interviews
for
St John’s College, Nambour

Parent/Carer information:

- Members of the college leadership team will be visiting St Joseph’s primary school (date yet to be set) and Stella Maris primary school on Tuesday 23 July shortly where Year 6 students for Year 8 2015 will be given enrolment packs for St John’s College.

- Year 6s will be interviewed from Monday 26 August to Wednesday 4 September 2014 for Year 8 2015 enrolment at St John’s College.

- A Parent Information Evening will be held on Wednesday 7 August at 7pm at St John’s College in the Multi-Purpose Centre).

At St John’s College we provide quality education in an environment that nurtures children in their Catholic faith.
From the APA

Year 9 and 10 Electives for next semester:

Year 9 and 10 students have been given their elective subject allocations for next semester. Students have been told to disregard any other information on the sheets given as Maths, English and other Core classes are not finalised as yet – but we do want them to be able to plan for the electives which are coming up.

Any student who has been given ILP in Year 10 as a subject must have their proposal into Ms. Ring by Friday, June 7, or they may be removed from those classes and placed elsewhere.

As was stated on the subject selection sheets, students had a chance of getting any of the six preferences which they nominated. Unfortunately, not everyone is able to receive their first, second and / or third choices - although almost 70% of the students do – however, almost every single student has been allocated subjects which were in their six choices on their preference form.

Many classes are already full – particularly the popular subjects and those which have safety limits in place (including Wood Work; Metal Work and Food and Nutrition). We will accommodate change requests if they are possible, but we cannot guarantee these because of the limited resources we have in these areas.

If there are questions or concerns please contact me to discuss these as soon as possible.

Assessment Procedures:

Please remember that there are a number of procedures which we are expecting students at the College to adhere to in terms of assessment. Once again, particular emphasis is placed on the following reminders:

(a) In ANY examination, whether it be in the designated exam block for Seniors or an in class test for all levels, MOBILE PHONES AND OTHER ELECTRONIC DEVICES ARE NOT PERMITTED IN ANY EXAM ROOM. Students need to plan ahead and ensure that these are locked away in their lockers, or not brought to school on these days. Even if the device is turned off, it is still not allowed to be in the student’s possession whilst in an exam room.

(b) Senior students should ensure that they have checked the assessment block instructions which have been e-mailed to them and are also available on the College’s website at: http://www.stjohns.qld.edu.au/school-life/Documents/Exam%20Block%20Instructions%20-%20Term%202%202013.pdf. The timetables for these blocks are also available in the school life section of the website if students have lost their copy or deleted the version that was e-mailed to them.

(c) All Senior students has assessment blocks at the end of EVERY term. Your support in not arranging early departures at the end of term for students would be greatly appreciated. Parents are made aware of the dates of the school terms well in advance every year, and we try to get these assessment timetables out as soon as we possibly can each term to enable forward planning. By having students miss any part of the Senior assessment block through an early departure, there is extra pressure placed on the students upon their return to school. They will need to complete all exams as quickly as possible, and also catch up on work missed in classes to enable this assessment to happen. It also impacts on the reports which are able to be given to students as they may not give a complete or entirely accurate picture of the progress to date.

The assistance of parents and carers in ensuring students are aware of these requirements, and able to adhere to them, would be greatly appreciated.

Date – claimers.

- Thursday, June 20 – Year 10 to Year 11 Transition Information Evening – 7.00pm – 8:30pm.

  This evening will outline the procedures which will be undertaken in regards to the Year 10 SET Planning and Subject Selection processes for Years 11 and 12. Subject Handbooks will be distributed and Learning Co-ordinators and staff will be on hand to answer questions about their subjects.

- Wednesday, July 17 – Parent / Teacher Interviews – 3:15pm – 9.00pm.

  Bookings will be available through the PTO system from Thursday, June 20.

- Wednesday, August 7 - Year 8 2015 Information Evening - 7.00pm in the MPC

  This evening will be an opportunity for parents and students who are currently in Year 6 to come and learn more about St John’s in preparation for their enrolment interviews. As interviews for this cohort will be held towards the end of September this year, this night will allow parents and future students to see all the great things we do here at “Johnnies” and staff will be available to answer any questions.

Mark O’Connor - APA
Dear Parents/Caregivers,

Parent-Teacher interviews will be held for **Years 8 to 12** from 3.15pm to 9pm on **Wednesday, July 17, 2013**. Interviews will be of 10 minutes duration.

For these interviews we are using the internet-based booking system called Parent Teacher On-Line (PTO). Using this system you will be able to book the interview times that suit you best from any internet-connected computer.

This system will be open for bookings from Friday, June 21– the day that reports for Years 8 to 10 are sent home. For those with students in Years 11 and 12, reports for these year levels will not be sent home until the first week of Term 2. However, you may wish to log on before you receive these in order to secure your preferred interview slot.

Please access the system as follows:

- Go to the school’s home page [www.stjohns.qld.edu.au](http://www.stjohns.qld.edu.au).
- Go to the “**Login to Parent Teacher On-line**” link under the “Quick Links” (Middle right-hand side of home page).
- Click on “Obtain PIN/Password” and enter your NEWSLETTER email address. This facility is only set up for the MAIN CONTACT/LEGAL GUARDIAN as per our school records. Your PIN will be emailed to you.
- Enter your surname and PIN which comes as a reply e-mail.

Full instructions are provided to you after log in. Please note the following points:

- When you log on, the system displays only your own child/children. Bookings are made for **individual** parents/caregivers, not for couples. Couples can, however, log on to the system simultaneously to coordinate bookings. If two parents/caregivers wish to attend a single interview time slot, one parent/caregiver should make the booking then both can attend.
- You will only see time slots that are available at the time you are using the system. As time slots are booked for teachers, those time slots are no longer displayed as available. PTO prevents double-booking of teachers or parents/caregivers.
- When you have made all the bookings you require, you can download or email a report of your bookings in time order for printing. **You can log in and change bookings any time up to 9.30pm on Tuesday, July 16.**
- Other parents may be making bookings at the same time that you are using the system. It is possible, though unlikely, that a time slot is displayed to you as available, but is then booked by another parent shortly afterwards. If you then attempt to book this time slot it will not be available and a message will be displayed to indicate this.

If you encounter any problems using PTO please contact the school office by phone on 5441 5666, or by email to snambour@bne.catholic.edu.au.

We look forward to seeing many of you at the College on July 17.

Yours sincerely

Mr. Mark O’Connor
Assistant to the Principal - Administration

### 2013 Important Dates for Senior Students

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>More info:</th>
</tr>
</thead>
<tbody>
<tr>
<td>14th July</td>
<td>Bond University Open Day (10-3pm)</td>
<td>Gold Coast</td>
<td><a href="http://www.bond.edu.au">www.bond.edu.au</a></td>
</tr>
<tr>
<td>18th July</td>
<td>Sunshine Coast Careers Expo (10-2pm)</td>
<td>USC Sports Stadium, Sippy Downs</td>
<td><a href="http://www.careersevent.com/sunshinecoast09/Home.php">http://www.careersevent.com/sunshinecoast09/Home.php</a></td>
</tr>
<tr>
<td>20th July</td>
<td>Think Education Open Day</td>
<td>The Gauntry, Unit 2, 10 Costin St, Fortitude Valley</td>
<td><a href="http://www.think.edu.au">http://www.think.edu.au</a></td>
</tr>
<tr>
<td>24th July</td>
<td>ACU Open night (5.30 – 8.30pm)</td>
<td>Brisbane Road, Banyo</td>
<td><a href="http://www.acu.edu.au/openday">www.acu.edu.au/openday</a></td>
</tr>
<tr>
<td>28th July</td>
<td>QUT Open Day</td>
<td>Garden’s point campus, Brisbane</td>
<td><a href="http://www.qut.edu.au">www.qut.edu.au</a></td>
</tr>
<tr>
<td>31st July</td>
<td>SIT UMAT</td>
<td></td>
<td><a href="http://www.umat.acer.edu.au">www.umat.acer.edu.au</a></td>
</tr>
<tr>
<td>3rd August</td>
<td>JMI Open Day</td>
<td></td>
<td>More info: <a href="mailto:play@jazz.qld.edu.au">play@jazz.qld.edu.au</a> <a href="http://www.jazz.qld.edu.au/about/">http://www.jazz.qld.edu.au/about/</a></td>
</tr>
<tr>
<td>4th August</td>
<td>UQ Open Day</td>
<td>St Lucia, Brisbane</td>
<td><a href="http://www.cqu.edu.au/calendar">www.cqu.edu.au/calendar</a></td>
</tr>
<tr>
<td></td>
<td>CQ Open Day (10am-2pm)</td>
<td>Noosa</td>
<td><a href="http://www.usq.edu.au/openday/">www.usq.edu.au/openday/</a></td>
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<tr>
<td></td>
<td>USQ Open Day (10am-1pm)</td>
<td>Fraser Coast</td>
<td><a href="http://www.usq.edu.au/openday/">www.usq.edu.au/openday/</a></td>
</tr>
<tr>
<td>18th August</td>
<td>USQ (10am-2pm)</td>
<td>Toowoomba</td>
<td><a href="http://www.usq.edu.au/openday/">www.usq.edu.au/openday/</a></td>
</tr>
<tr>
<td>24th August</td>
<td>CHC Open Day</td>
<td></td>
<td><a href="http://www.chc.edu.au">www.chc.edu.au</a></td>
</tr>
<tr>
<td>31st August</td>
<td>ADF Open Day</td>
<td>Northcott Drive, Canberra</td>
<td><a href="http://www.openday.adfa.edu.au">www.openday.adfa.edu.au</a></td>
</tr>
<tr>
<td>Late September</td>
<td>UMAT results released</td>
<td></td>
<td><a href="http://www.umat.acer.edu.au">www.umat.acer.edu.au</a></td>
</tr>
<tr>
<td>30th November</td>
<td>Billy Blue Open Day</td>
<td>10 Costin Street, Fortitude Valley</td>
<td><a href="mailto:info@billyblue.edu.au">info@billyblue.edu.au</a></td>
</tr>
<tr>
<td>2nd December</td>
<td>SCU Info Day</td>
<td>Coffs Harbour</td>
<td><a href="http://www.scu.edu.au">www.scu.edu.au</a></td>
</tr>
<tr>
<td>4th December</td>
<td>SCU Info Day</td>
<td>Lismore</td>
<td><a href="http://www.scu.edu.au">www.scu.edu.au</a></td>
</tr>
<tr>
<td>5th December</td>
<td>SCU Info Day</td>
<td>Gold Coast</td>
<td><a href="http://www.scu.edu.au">www.scu.edu.au</a></td>
</tr>
<tr>
<td>16th December</td>
<td>CHC Options Evening</td>
<td>Carindale</td>
<td><a href="http://www.chc.edu.au">www.chc.edu.au</a></td>
</tr>
<tr>
<td></td>
<td>CQ University Information sessions</td>
<td>Noosa</td>
<td><a href="http://www.cqu.edu.au/calendar">www.cqu.edu.au/calendar</a></td>
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</tbody>
</table>
From the Library desk… Our students are eligible for this

http://www.abc.net.au/heywire/stories/2012/03/3460119.htm
Ignite Conference 2013: “The Call”
26-29 September 2013
Mueller Performing Arts Centre, Rothwell (Redcliffe, Brisbane)

The Ignite Conference is the largest Catholic event of its kind in Australia for young people - adults, students and children. The conference includes live bands and awesome speakers, with streams and workshops in areas such leadership, worship, creative arts, mission, culture and prayer!

Keynote speakers include Archbishop Mark Coleridge, Fr Rob Galea, Melinda Tankard Reist, Sr Mary Rachel, Shayne Bennett, Ronan McGinniss, Patrick Keady, Robert Falzon, Scotty McDonald, NET Ministries and more, plus music led by emmanuelworship!

If you are interested in being part of the St John’s College/ St Joseph’s Catholic Church group booking please email Tracey Langford tlangford@bne.catholic.edu.au or phone 0417 071 168

Group booking discounts and subsidies apply.

Full information and registration online at www.igniteconference.com.au.
NETBALL

Grand Final

Congratulations to the SJC 3rds and SJC Intermediate A teams on their display of excellent sportsmanship and effort in their Grand Final games against Suncoast on Monday evening.

Even though we didn’t come away with the premiership, the following girls showed the determination worthy of a Grand Final appearance.

**SJC 3rds**
- Brittany Crabb
- Brianna Thomas
- Krystelle Loader
- Shanelle Pearce
- Shayla Warnick
- Nikki Brownlie
- Megan Cameron
- Dhivya Roysmith
- Tiana Pukall

**SJC INTERMEDIATE A**
- Jai Epstein
- Alana Rogers
- Olivia Noffke
- Jami-Bree Bachmann
- Chelsea Hill
- Jessica Kennedy
- Sarah Hunt
- Greta Haycock

Thank you to all the supporters who surrounded both courts with the SJC colours and cheered on the teams.

Thank you also to the staff, parents and students who have made the netball season such a wonderful success. Since February, people have been involved in netball on a Monday evening, as well as trainings on various afternoons and Friday morning fitness sessions. A special thank you to Denise Felix and Michael Epstein, two parents who have coached teams on most Friday afternoons at the school. An exceptional effort!

Maree Anning

REGIONAL CROSS COUNTRY

The school cross country season has finished well, with some great results from our school. St Johns came a creditable 6th overall from 56 schools taking part in the trials. This is our best result to date and highlights the work the students put into the preparation.

Both Harry Debenhan and Laura Mitton have made the Regional team, so congratulations. Jya Epstein is first reserve and Anastasia Kriz and Jakarra Brady are also reserves for the Regional Team.

Our Open Boys won their age group, with congratulations to Harry, Zeb Gorman, Hamish Horsey, Aaron Simm, Zac Epstein and Peter McMaster on their great runs. The Open Girls came third and the team consisted of Jakarra Brady, Laura Wade, Amy McGlynn, Xanthia Blundell, Shanelle Pearce and Bronte McBride.

We also had some great runs from a number of our younger athletes and this shows that we can improve as a school in future district and regional carnivals.

**Athletics Season:** Cross country season leads into the athletes season and yesterday morning saw the 3000m event occur at the university. Training will continue now for the distance runners who would like to do well at 400m, 800m and 1500m. Training next week will occur at school on Tuesday and Thursday mornings, starting at 7.00am.

**Sprints Training:** Mrs Denny and Mr Fenwick will commence training next Wednesday, 12 June, at school 3.00pm-4.00pm for sprints and jumps. Meet at the tuckshop by 3.00pm.
We are in the process of preparing the program for the SJC 2013 production, *Love Gone Wilde*, and need advertising for the program which assists greatly in the printing costs. With all our productions, we usually have the program professionally printed with some colour throughout and even though the cast for the 2013 is much smaller than usual, we still have similar costs to a much larger production.

So, if you have a business or know of one that would be interested in assisting with the production, please fill out the following form and return to the school as soon as possible.

The program is a full sized A4 one, similar to most theatre programs.

Costs for advertising are as follows:

- Full page: $200
- 1/2 page: $150
- 1/4 page: $80

If you are able to assist, please fill in the following form and return it to the school.

**ADVERTISING DETAILS FOR THE SJC 2013 PRODUCTION**

_Money and details must be given to the school office by Friday 21st June 2013_

Advertising details and/or logo in PDF format to be emailed to snambour@bne.catholic.edu.au

Name: ___________________________________________________________________
Business Name: _____________________________________________________________
Cheque: $__________
Credit: $__________
Cash: $__________
Card no: ________ - ________ - ________ - ________  Expiry ___/___
Cardholder’s Name ________________________________
Cardholder’s Signature _____________________________

*Thank you for your kind support*
The Year 12 Theatresports team have made it through to the semi-Finals! What a team!

Adam Fletcher, Anthony Pobar, Billly Murray, Matt Swan and Sam Ong are to be congratulated for their outstanding efforts at Nudgee College on Tuesday night. Will Vale, the 6th team member was unavailable due to a hospitality assessment but will be on board for the semi-finals.

A huge thank you to the many enthusiastic supporters.

Pick the team within the supporters!

---

**YEAR 8 and 12 BUDDY AFTERNOON**

Mark on your calendar Friday 12th July Buddy Afternoon.

It will be a great chance to hangout with your buddy, have a BBQ dinner and watch a movie. The events start straight after school and conclude by 7.00 pm.

Hope to see you there.

Fiona Baker
APRE
Thank you to the following sponsors for supporting our Golf Day.

THE SILVA KITCHEN
Margaret McWilliams
10 Lake Kawana Boulevard
Birtinya
Phone (07) 5438 8848

Beaurepaires
Address: 22 Coronation Avenue, Nambour
Phone (07) 5441 2133
Hours: 8.00 am-5.00pm

Holcim
North Shore Body Corporate
936 David Low Way Marcoola QLD 4564
(07) 5448 8725 northshorebodycorp.com.au
Parent of St John’s College - Mrs Cathy Blanchard
Thank you to the following sponsors for supporting our Golf Day.

**Golf Sponsors**

- **I&H Lawrence & Hanson**
- **KooGa**
- **Gregson & Weight Funeral Directors**
- **Celtic Solar**
- **Close Financial Planning**
  - Sunshine Plaza Qld 4558
  - Suite 3 1st Floor CUA Plaza
  - 54 Baden Powell Street
  - MAROOCHYDORE QLD 4558
  - Phone: (07) 5475 4511
Career Hints n Links

Year 10 Students Career Planning Interviews

Year 10 students have been attending Career Planning Interviews with either Natalie Clapoudis or Bernadette Natoli over the past three weeks. We have been very impressed with how the students have been conducting themselves during the interviews and how most of them are reasonably confident in their subject choices for Years 11 and 12. Students were required to bring their completed Work Experience book with them to the interview. There are still a few students that have not returned these books. I ask that they be completed and returned to Bernadette in room 15 ASAP.

This part of the Year 10 Career Development Program will culminate at the end of term with an information session for the students on Wednesday 19th June and the Parent Information Evening on Thursday 20th June 2013. We are very excited with the new format of the Information Evening where we will have representatives from various organisations as well as Subject Coordinators available for parents and students to speak with following the formal presentation.

External Organisations that will be in attendance on the night are:

- University of the Sunshine Coast
- Defence Force Recruiting
- MEGT Apprenticeship Centre
- Busy @ Work Apprenticeship Services
- Construction Skills Qld
- Sunshine Coast Institute of TAFE
- Binnacle Training

There are many School Based Traineeship positions available through Target Training. Please see the attached document for more information.

Work Experience Opportunity for Senior Students

A pilot program is being run over the June/July holidays offering work experience to senior students who don’t have a job but would like some experience in Retail or Hospitality. The following places are currently available:

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 x Hospitality – Caloundra</td>
<td>2 x Hospitality – Mudgee</td>
</tr>
<tr>
<td>2 x Hospitality – Mudjimba</td>
<td>2 x Hospitality – Mudjimba</td>
</tr>
<tr>
<td>2 x Retail – Kawana</td>
<td>2 x Retail – Kawana</td>
</tr>
<tr>
<td>21 x Retail – Maroochydore</td>
<td>21 x Retail - Maroochydore</td>
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</tbody>
</table>

Registrations will close next Monday 10th June and students are required to respond to the selection criteria outlined on the Registration Form which is attached.
NEW UNIFORM SHOP
OPENING TIME FOR TERM 2
MONDAY 8.00am - 3.45pm

BASKETBALL COACHES/
MANAGERS REQUIRED

The interschool Friday night basketball season commences early in Term 3.

At this stage, there has been a strong response by students to be involved. With current students numbers, it appears possible that nine teams can be entered. However, this has created a problem as it is not possible to staff these teams from teacher interest.

If there are any parents who feel they could assist by taking on a coaches role or managing a team, could you please express your interest by sending an email to Mr Nankervis at:
inankervis@bne.catholic.edu.au

Thank you.

Ian Nankervis
Sports Co-Ordinator