



St John's College Nambour

Unbind and Set Free

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25 June 2021

Principal's Message



Dear Johnnies Community,

It's hard to believe that we have reached the half-way mark in the year. It has been another extraordinary year on the back of last year's Covid lockdowns. We are truly blessed to be in Queensland. However, we might need to be extra cautious during the holidays with any travel or attending large

gatherings. We have no idea who may have made it into Queensland prior to any blocking of people from Sydney and Melbourne. I urge as many people as possible to get your vaccinations while, with the uncertainty around Astra Zeneca, Pfizer is available.

There are two trends that are disturbing me and worrying teachers and parents. The first disturbing trend is the movement of students from school to school. We have seen unprecedented movement of students this term in and out. There seems to be no common reason as students seek something different, families move residence, the lure of the better "programs" at other schools, or my friend has moved so I must too. These same reasons are also used for new students coming into the college.

It is disturbing because it impacts significantly on student learning, it creates uncertainty in funding for schools, as we are funded per head, and I don't believe it is in the best interests of the young person. It is also an expensive exercise to change schools mid-year. Sometimes it is as simple as having a few bad weeks at school with friends, or having to do too much work to achieve, or perhaps even getting into strife with a certain teacher or being caught out not following school expectations, and not wanting to stay.

I also believe that we are not doing our young people any favours by not helping them build their resilience when things don't turn out roses every day. As we all know, "somedays are

diamonds and some days are stone". I can vouch for that given my past and continuing health journey. I would ask parents and carers to consider completing terms and most importantly semesters for the sake of their child's learning improvement, resilience, and wellbeing.

The second disturbing trend is the nation-wide issue of vaping. I drew attention to this a few weeks back in the newsletter, and this article attached also brings attention to the insidious nature of "black market" sales to our young people, who are caught up in the nice shiny instruments that are illegal and dangerous. Who would have thought! Every secondary school in Australia has a story to tell and we are not immune. We have our own stories. What bothers me most is the ability to be online unseen, purchase via Snapchat or at malls and parks, and that most of us would not know what was going on. We need to stand together in partnership in this issue and protect our kids from the money-making ventures of the unscrupulous. A good book to read is: "Be a Parent not a Pal" by Jeff Kemp. It is a short but informative read that helps parents be parents.

<https://www.booktopia.com.au/be-a-parent-not-a-pal-jeff-kemp/book/9781921513480.html>

I wish everyone a good break and be safe and well if travelling.

COORHMAIL.COM.AU WEDNESDAY JUNE 23 2021 NEWS 03

Academic vape epidemic

STEPHANIE BENNETT School principals crack down on e-cigarettes

A VAPING epidemic is sweeping Queensland high schools with principals forced to take action in the growing issue. As more Queensland kids turn to e-cigarettes spurred on by social media trends, schools are hosting parent information nights and implementing strict measures, including locking toilets at break times.

Last week, The Gap State High School held one such session for parents, while middle school students at Kookaburra State College recently formed an "anti-vaping committee" aiming to promote "healthy choices" to their peers.

Woolridge State High School has also taken action, with a post to parents stating "vaping is an ever growing issue for young people and we want to ensure this issue does not harm our students, for one and into the future".

Carrie State High School, Crows Nest State High School and Dakabin State High School are among many other schools to address the issue recently.

Gold Coast Catholic school captain Colby has reportedly started locking toilets to restrict vaping.

Queensland Teachers' Union president Crisla Richan said teachers were increasingly reporting vaping incidents at their schools.

"Our members follow the health advice in relation to vaping, as they do with all health issues," she said.

"They provide information to students and the community, including parents, related to health impacts and educate in relation to emerging health issues," Mr Richardson said.

Vaping has become a popular pastime on youth social media platform TikTok, with "vape tricks" among the top trending hashtags.

Schools also face the challenge of e-cigarette devices often being easily disguised as stationary items, such as pens

or highlighters, and coming in flavours such as cherry, citrus, menthol and bubblegum.

Mr Richardson said parents needed to be aware of the laws around vaping and support school leaders and teachers to address the growing issue.

According to the most recent National Drug Strategy Household Survey, the rate of e-cigarettes is climbing, while traditional smoking is falling.

A Department of Education spokeswoman said prevent-

ative measures around smoking and e-cigarettes were important, with all state schools offering health and wellbeing education to tackle the subject.

"Smoking is banned at all Queensland state and non-state schools, and for six beyond their boundaries," she said.

"Additionally, every Queensland state school is required to develop a Student Code of Conduct, which details property that students may not bring to school, such as tobacco and other smoking products, including e-cigarettes."



Congratulations to our own Bernadette Natoli for being nominated for the **TUH Health Fund Award for Excellence in Supporting Learning and Teaching through a School-based role.**

This award recognises an individual from a school who has demonstrated outstanding support of learning and teaching. This award is open to all school staff other than teachers and school leadership teams, for example, Teachers' Aides, Grounds People, IT Support etc. The following criteria must be addressed, and evidence demonstrated:

- Continuously goes above and beyond their role to support the facilitation of learning and teaching.
- Is committed to using their field of expertise to support the facilitation of learning and teaching.
- Focuses on the future of Learning and Teaching and has demonstrated improvement of student learning outcomes.
- In their words and actions, advocates for the strengthening of Catholic Identity across our schools.
- Demonstrates by their actions the BCE values of excellence, integrity, justice and hope.

We await the outcome of the nomination next term.

Mr Chris Gold
Principal

Celebrating a Strong Catholic Identity

Year 11 and 12 Wellbeing Day: Sowing Seeds

Wednesday of this week the Year 11 and 12 students worked through an alternative program focused on wellbeing. As part of the Whole School Pastoral Care Program, the students were

surveyed to gather student voice regarding which issues they would like the college to address. It was wonderful to design a day specifically for their needs. Under the guidance of Luke Zeremes as the Pastoral Program Leader and Ms Budge and Ms Ogbourne as the Pastoral Middle Leaders of Year 12 and 11 respectively, the students rotated around several workshops and seminar presentations.

The day began with a Liturgy led by the Prayer and Ritual Committee where Matthew's reading of the Parable of the Sower was explored. The aim of the day was to plant seeds that would help them for the rest of the year, and beyond their journey as a 'Johnny.' Glen Gerreyn, from the Hopeful Institute, inspired them to believe in their dreams and self. A few of the points from his presentation were:

"It's the ability to take more out of yourself than what you think you got".

"40% Rule: When your mind says you're done you're only 40% done."

"Delay does not equal denial".

Glen also identified the obstacles that stop you from achieving your dreams and hopes:

1. **People:** they love you, but they can talk you out of things
2. **Life:** Life is not fair, get over it
3. **Time:** It takes time (27 Years for Nelson Mandela to go from being a prisoner to president)
4. **You:** ignore self-doubt and do not be lazy

The students also heard an important talk from RealTalk, on Consent, Respect and Pornography. The laws on this topic were presented and framed in a Catholic Perspective. We also had a past student who is now a doctor, answer questions from our students and outline the importance of students having their own Medicare Card and what support GPs can give around mental health. Mr Peter O'Leary and Kaitlyn O'Leary also showed the students how to service a car and change a tyre. Ms Budge spoke to the students about the Rental Process and Financial Guidance. The day concluded with some games, a fire pit, and burgers. Considerable finances and time went into planning the day and we are extremely grateful to the students who saw this as the opportunity it was and attended. We look forward to collecting student voice in the future to plan the day for next year.



Fiona Baker
Assistant Principal Formation and Identity

Celebrating a Strong Catholic Identity

Year 9 Prayer Rituals

This term the Year 9 RE students have been participating in a variety of prayer experiences during class.

Last week the 9.4 students worked in groups on developing their own prayer experiences that followed the format of:

**We Gather
We Listen
We Respond
We Go Forth**

The 9.4 students presented their rituals last Friday in the Prayer Space.

Miss Rowe was very impressed with the experiences that the students created for their classmates and the respect and reverence in which they all participated.



Jasmine McCaul
Teacher and Library Manager
STUFFit Student Film Festival Facilitator

Fostering a love of Learning and Teaching

2021 - Semester 1 Academic Reports are now available to view on BCE Connect

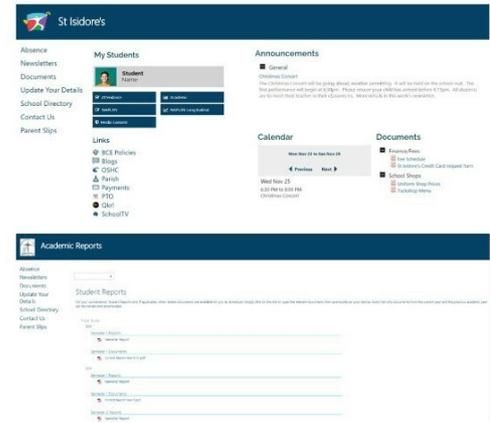
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Accessing Academic Reports

A guide to access academic reports via your Parent Portal and BCE Connect.

Academic Reports – Parent View – Parent Portal

To view and download reports, Parents will need to click on the relevant student's tile under the **My Students** section of the Parent Portal Home page. The Student's tile reveals the name of the student, photo and home group. Parents then select the **Academic** tile from the selection of links below the student. Please ensure parents download the report card to an external device, once viewed.



Year 9 Camp

As part of our Pastoral program, students in Year 9 participated in three days of team building activities at Elanda Ecocamp, Lake Cootharaba.

We identified that year 9 students need to be physically, emotionally and socially challenged, and we responded to this by facilitating a camp. The Year 9 camp aligns perfectly with St John's College's holistic approach to student development, allowing us to challenge and extend our pupils outside a traditional school setting, and taking advantage of the beautiful natural environment we have at our fingertips.

Students were involved in Mountain Biking, Stand Up paddle boarding, canoeing and bushwalking. Accommodation was one night in tents and cabins. Although a little bit wet at times the weather was mild.

Students had a great time and staff were impressed by their behaviour and attitude.



Jonathon Hayes
Year 9 Coordinator

Math's Pathways in Year 7

St John's College are very excited to inform you about a significant investment we are making in the learning area of Mathematics. Our Year 7 students will be at the forefront of this change as we roll out the Math's Pathways learning program next Semester.

Historically, a major challenge in catering for all learners in the Year 7 Math's classroom has been how difficult it is for teacher-directed learning to cater for the myriad of learning needs across the class. As a result, not every student has

experienced success in mathematics, with many students finding it stressful, too difficult, or perhaps not challenging enough. Our teaching team is working very hard to address this. In response to this challenge, we are altering the teaching and learning methodology and changing to the individualized student-centered approach offered through Math's Pathways.

In Semester 2 of Year 7, we will be moving away from the traditional teaching and learning approach where each student learns the same topic at the same time. So, what will those changes look like? We will be building on each students existing knowledge and allowing students to progress at their own level. There are a few things that will become more of a focus in the classroom, including:

- Class wide rich learning tasks that aim to get your child excited and engaged in problem solving using the mathematics skills they have developed, alongside their classroom peers.
- Tailored mini-lessons for smaller groups of students. Teachers can hone in on specific mathematical topics with smaller groups of students who will benefit most from that lesson.
- Your child will receive instruction in mathematics concepts that they are ready for. Each student will have their own mathematics program tailored to what they are ready to work on next while working with their teacher to identify how they can continue to develop their learning skills. This includes regular check-in tests and goal setting to figure out what your child wants to achieve next.
- One-on-one teacher and student lessons. When students are stuck on a particular mathematics concept, information and teaching strategies are easily accessed by teachers, so they can respond to students to and help them out as needed.

If you wanted to do a bit of research yourself and are interested in exploring the platform, the website is in the link below. Also, in preparation for the change, you may like to chat with your child about what it means to have a growth mindset you can find out more about this at the link below.

<https://mathspathway.com/>

<https://www.mindsetkit.org/growth-mindset-parents>

**Warm regards,
Arlo Goozee
Mathematics CML**

Narragunnawali Reconciliation Action Plan

We are very proud to announce, that the St John's College Narragunnawali Reconciliation Action Plan (RAP) has been approved by Reconciliation Australia and is now available for viewing on the Australian Narragunnawali website located on the link below:

<https://www.narragunnawali.org.au/raps/24094/st-johns-college>

At the end of 2020, we formed the SJC RAP working group which included Mr Chris Gold, Mrs Fiona Baker, Gaye Holland (2020), Tracey Langford, Andrew Hunt, Amanda Tollner and

students Jorja Luton and Jarlo Dart. It is imperative that we have the voice of Aboriginal and Torres Strait Islander students for this group, and we are very proud of the dedication from Jorja and Jarlo. We are committed to 14 actions for 2021 that include cultural competence for staff, teaching about reconciliation (NRW), displaying Aboriginal and Torres Strait Islander flags, curriculum planning and much more. These 14 actions are displayed on the Narragunnawali website under St John's College.



A special mention to Science teacher Amanda Chippendale who was the driving force behind the CSIRO: The Inquiry for Indigenous Science Students program- (I2S2) which offers teachers the tools and understanding to embed Aboriginal and/ or Torres Strait Islander perspectives into the Australian Curriculum. Amanda completed a training course through the CSIRO in February and implemented the unit for the year 7 science class. Students were not just learning more about Aboriginal and Torres Strait Islander Culture, they were immersed in new knowledge using Aboriginal techniques to complete the experiments according to the Australian Curriculum. This unit was in line with the Reconciliation Action Plan-curriculum planning.

If parents would like to be part of the SJC RAP working group as the support network (receive emails and notifications), please email Amanda.tollner@bne.catholic.edu.au.

**Amanda Tollner
Inclusion and Diversity Program Leader- Senior
History, Humanities and Religion Teacher**

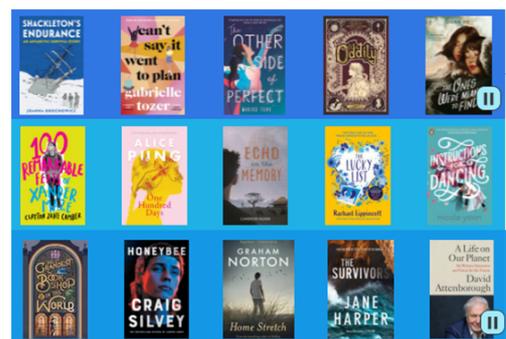
Library News

HOLIDAY READS!

YES! You CAN borrow books over the holidays...

We have so many new reads that have come in over the past month – be the first to read and review them.

If you are not sure what you like our friendly library staff will help you



**Read on!
Mrs Corey, Miss McCaul and Miss Rowe**

NAIDOC Week- School Holidays



NAIDOC Week Heal country celebrations will run on the Sunshine Coast with the following events:

- **Cooroy: June 18 – July 18** Cooroy Butter Factory Arts Centre NAIDOC 'Heal Country' exhibition.
- **Nambour: 7th July** - The Wan'diny (gather together) NAIDOC Family Fun Day Wednesday, 10am- 3pm Nambour Crushers, 22 Crusher Park Drive, Nambour QLD 4560 (Entry Free).
- **USC: 7 May–31 July:** Country In Mind – USC Art Gallery
- **Caloundra: 25th June- 15th August** Caloundra Regional Gallery Exhibition NAIDOC 2021: Culture Remembered; Revitalised; Reactive.



Amanda Tollner
Inclusion and Diversity Program Leader- Senior History, Humanities and Religion Teacher

Supporting a Connected Community

Rest, Recharge, and Reconnect

Let's be honest, it has been a huge year already – and we are only halfway through!

The school holidays are often filled with random jobs, social and/or family gatherings, sporting events, and a host of other activities. This school holidays my challenge for each of you is to take some time to Rest, Recharge and Reconnect.

Rest – It is okay to slow down! Take some time this school holiday break to rest, both physically and mentally. Schedule some 'down days' where you don't do anything challenging or overly stimulating. Rest/sleep is extremely important for our overall wellbeing, but often the one thing we overlook when the busyness of life kicks in.

Recharge – Our brains and bodies are exactly like our phones; they need to be recharged to function as desired. Make time to do things that make you feel good (stimulating endorphins) and that you possibly neglect when you are busy. Find one thing you really enjoy doing but often say 'I don't have time to do this anymore' and do this over the holiday break.

Reconnect – We are so busy looking at screens that we often forget the power in our surrounding environment. Take time to sit outside and look at the sky, go to the beach, catch up with a friend you have not seen for a while, do something new. Try to take some time to reconnect socially, emotionally, and physically with the world around you.

I wish you all a restful, relaxing, and enjoyable school holiday break.

Look after yourselves and others!

Brendan
Guidance Counsellor

Campus Minister

Date Claimers:

Monday 5th July 2021- St John's College cooking and serving at the "Daily Bread", the local soup kitchen St Lukes Hall, Sidney St, Nambour 4.00pm - 6.15pm. Team Leader Nicole Garcia 0459 323 020.

Friday 16th July 2021- The St John's Athletics Day Carnival will be held on the first Friday of term 3. We are seeking volunteers to help the Social Action Committee with the BBQ.

Thursday 4 pm -15th July 2021- Information session for young people and their parents to find out more on Catholicism and how to complete the sacraments of Baptism, Reconciliation, Confirmation, and the First Eucharist. **The Ryan Room St Joseph's Community Centre Nambour.**

Wednesday 21st July 2021- St John's College Year 10 Hospitality students "Christmas in July"– cooking and serving at the "Daily Bread", St Luke's Hall, Sidney St, Nambour 4.00pm-6.15pm. Team Leader Tracey Langford 0417 071 168.

Ignite Conference 22nd-25th September 2021

St John's College /St Joseph's Parish have a group attending this excellent National Catholic Youth Conference during the September holidays.

Every year, Ignite Youth hosts one of Australia's most powerful Catholic youth conferences. Ignite conference draws together a network of high school students, young adults, ministry leaders, families, teachers, priests and religious leaders from around the country, sending them out with a passion for mission and

authentic faith in Jesus. Experience four days of real-world formation, encouragement in faith, meeting great people and powerful worship.

Cost is approximately \$280. Accommodation, breakfast and transport from St Columbans School hall is an additional cost of approximately \$40.

Please contact Tracey 0417 071 168/ tlangford@bne.catholic.edu.au for more info visit the website <https://igniteconference.com.au/about>

Tracey Langford
Campus Minister

We would like to officially welcome Sunshine Coast Rehabilitation and Exercise Physiology (SCREP) and ex-school Sports Captain, Laura Wade, to our 2021 College Sports Program. SCREP will become our preferred and recommended medical provider to assist at many of our home rugby games with onsite support to all our players. SCREP will be offering an array of services to support our programs including injury prevention and rehabilitation classes (on/off site), sports specific strength and conditioning programs, exercise prescription and testing and nutritional and hydration education.



If you see them at games, please stop to say hello and make them feel welcomed. It is intended that this partnership will grow in time to support the majority of extra-curricular sports at the College.

For more information on SCREP feel free to contact them direct:

P: (07) 5445 8292

W: www.exercisephysiologyrehab.com

O2 Performance (The Sports Hub): 2/26 Main Drive Birtinya, QLD 4575

Jetts Bli Bli: 314/328 David Low Way, Bli Bli Qld, 4560

Kuluin and Bli Bli Medical Centre: 1 Indiana Place Kuluin

Save the Date – St John’s College 2021 Athletics Carnival

ST JOHN'S COLLEGE
2021 ATHLETICS CARNIVAL
FRIDAY 16TH OF JULY

8:30AM - 2:45PM
HENNESSEY OVAL
GOES CREEK RD

DO YOUR HOUSE PROUD!

ACACIA
BANKSIA
CASUARINA
MELALEUCA

student voice
listen speak act

Festival of IDEAS

CONNECT & ENGAGE

Student Voice Event of the Year

Speak up and take action to make schools a positive place!

3 September, 2021
The Edge, State Library of Queensland | 8:30am registration. Finish at 4:00pm

Are you in Years 7 to 12?
Register here:
student-voice.bne.catholic.edu.au

Brisbane Catholic Education
Leading in Learning



Celebrating an initiative by a past student

Iconic Sunshine Coast Hinterland Business Launches An Exciting New Game That The Whole Family Will Go Cuckoo For!

The Clock Shop in Montville is launching an exciting new FREE in-store game during the June School holidays. The Cuckoo Race invites visitors of all ages to the iconic business, to find one of four stickers hidden inside their hundreds of cuckoo clocks, just like the national TV program, The Amazing Race. With an array of prizes to win, including a cuckoo clock from the Black Forest of Germany worth \$1890! The Cuckoo Race will run until 30th November, a great activity the whole family can enjoy.

Today, the Clock Shop has become a 'must see' for visitors, having welcomed over 3 million customers since 1993. Earlier in 2021, the Clock Shop was featured in Episode 14 of The Amazing Race, and since then they have seen an increase in visitors to the store. In response to popular demand The Cuckoo Race will be launching on tomorrow, Saturday 26th June, and will be running until 30th November, with the major prize drawn on the 1st December.

Daniel Hoffman, owner of the Clock Shop explained "We wanted to create a fun way for customers to play the game and potentially win some prizes". The idea is quite simple, customers simply find the hidden symbol behind the door of one of the cuckoo clocks, and tell the staff what the symbol is.

The challenge? There are literally hundreds of cuckoo clocks adorning the interior walls of the Clock Shop, with each set to go off at different times, so finding the symbol is no easy feat! To make things even more difficult, the symbol will change places daily. Once the symbol has been found, customers take a photo with a special sign board which is then shared on either Facebook or Instagram (or both). Doing this will automatically enter them into the monthly minor prize draws, as well as the major prize drawn in December - a cuckoo clock with

\$1890! "We wanted to really reward our customers who play the game, and so we carefully selected the major prize to be a handcrafted mechanical cuckoo clock from the Black Forest of Germany" explains Daniel. This amazing prize will be awarded via random selection on Wednesday 1st December to one lucky contestant, a fantastic early Christmas present!

The Cuckoo Race is a fun game for adults and children alike, with all encouraged to come along and play the game at the Clock Shop at 194 Main Street in Montville.

<https://www.clockshop.com.au/cuckoo-race>

<http://www.youtube.com/watch?v=nBHhohSneM0>

<https://www.facebook.com/ClockShopMontville>



NB: Children must be 13 years old to enter the draw via social media, however younger children can certainly play the game and find the hidden symbols, with their parents entering on their behalf.



Embracing change and continuous improvement

Careers

At St John's College we believe it is never too early to start planning your future career, which is why we have a dedicated Careers Team. For more information regarding our Careers please visit the Parent Portal or the purpose built Careers

Website. Alternatively please reach out to Bernadette or Kim at sjccareers@bne.catholic.edu.au or via the Appointments Calendar.

Bernadette Natoli and Kim E Harrison

College Business

Parking Changes in Hall Court

The Sunshine Coast Council has recently undertaken parking works in Hall Court to assist our students with safe parking in the location. As a part of the works, they have painted 18 dedicated parking bays and noted "No Parking Areas" with yellow line marking on the kerb side. The image below has the parks and no parking zones clearly



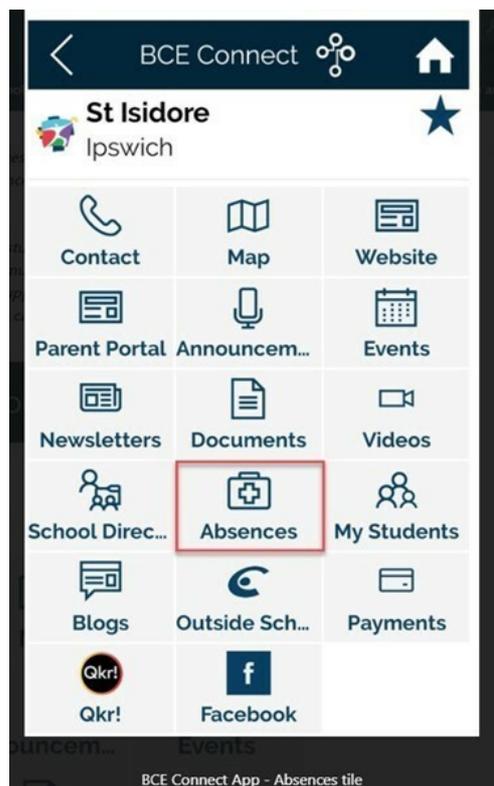
Please also note that the area directly across from Hall Court on Perwillowen Road, is a no standing area marked by a yellow line. Police have been routinely monitoring this area at school pickup time and I would like to remind all parents that this location is **not** a "Pickup Zone" for the college. If you are unable to park in a marked car space, please do not risk a fine, or your safety, by stopping on a yellow line. There are many options for you to pick up your child from St John's, I have provided some options below:

- Waiting in one of the marked carparks on Perwillowen Road or Hall Court.
- Waiting in either Glenys Street or one of the other adjacent streets and asking your child to walk to you. There are many back streets on both sides of the campus within a short walk.
- Waiting until 3pm then picking up your child from the roundabout at the college entrance in Valley View Street. The buses have all alighted by 3pm and the area is then free for parent use and safely off the main road.

Student Absentee Line

I would like to remind you that St John's will be making changes to how Legal Guardians inform the school of student absence. In line with the School's Attendance Policy and from the start of term 3, the school absentee line will no longer be available. It will be replaced by the use of either the BCE Connect app or the Parent Portal. Our primary avenue of communication is the Parent Portal hence the reason for this change in process. Should you need any support with accessing the BCE Connect app or the Parent Portal, please see our administration staff who will be happy to assist. The portal is active now so please

feel free to transition sooner if you are able. A snapshot of the BCE Connect app is below.



You simply choose the Absences tile, and the device will lead you through the process.

Term Break

I hope you have an enjoyable winter break and get to spend valuable family time with your children. Our holiday office hours are 8.30am till 3.30pm so please don't hesitate to either call or drop in if you need any assistance.

All the best
Mark Maguire
Business Manager



IMPORTANT CHANGES TO TERM 3 SCHOOL BUS SERVICES

From Monday 12 July 2021



Changes to select Sunshine Coast school bus services will be introduced from the start of Term 3 on Monday 12 July 2021.

Minor timing changes have been implemented to improve our on time running and the operational efficiency of some of our Sunshine Coast school bus services. The school bus service routes have not changed.

For detailed changes please see the table attached. The updated timetable will be updated and available on the TransLink Journey Planner prior to the start of the school term.

Network changes will affect these schools:

- | | |
|---------------------------------------|--|
| Buderim Mountain State Primary School | Pacific Lutheran College |
| Chancellor State College | Peregian Springs State School |
| Chancellor State Primary College | St Andrew's Anglican College |
| Coolool State High School | St John's Catholic College |
| Coolool State Primary School | St Teresa's Catholic College |
| Glenview Primary School | St Thomas More Catholic Primary School |
| Good Shepherd Lutheran College | Siena Catholic College |
| Kawana Waters State College | Stella Maris Catholic College |
| Matthew Flinders Anglican College | Sunshine Beach State High School |
| Maroochydore State High School | Sunshine Beach State Primary School |
| Meridan State College | Talara Primary College |
| Mountain Creek State High School | Tewantin State Primary School |
| Mountain Creek State Primary School | Unity College |

For more information visit cdcqueensland.com.au prior to the start of term.

Gallery