



St John's College Nambour

Unbind and Set Free

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30 April 2021

Principal's Message



Dear Johnnies Community,

I hope that your children have settled into the new Term. It has been a beginning full of activities and classes, and a very settled start as well. This week especially, being a short week, was also punctuated by two Parent/Teacher /Student online interview evenings.

Thank you to all the staff and families for your time to engage in the interviews. I certainly hope that the conversations were fruitful, and I certainly hope that being online again was successful. I know that there are some who perhaps do not like the online version, but the responses from a vast majority of parents felt that this was far more convenient.

We have enjoyed success this week on the sporting field, especially the rugby teams. They travelled up to Gympie for our annual ANZAC week clash and came home with all teams victorious. Indeed, some teams rattled up some large scores against James Nash High. The ANZAC Trophy was well and truly won by Johnnies with the clean sweep of games.

The ANZAC Day Trophy has its origins many years ago when John Edwards (St. John's) and Rod Jenkins (James Nash HS) agreed to play an annual fixture on ANZAC Day, after attending the March in either Nambour or Gympie. This became more difficult as the years progressed, but we can hold the fixture each year in the week of ANZAC Day. To honour the dedication of these two gentlemen to Sunshine Coast Rugby, we inaugurated the ANZAC Day Trophy that would be presented to the school that won the most games at the fixture. Often this has come down to the last fixture on the night, the First XV. This year we had a clean sweep of wins and have had the Trophy returned to St. John's after falling short of winning a close contest last year.

On Wednesday we held our annual X Country again at Mooloolaba. It was a great success as usual and was won by Banksia House. Thank you to John Calvo and the seniors who made this day so worthwhile and inspirational.

This morning on assembly, I referred to the story of, "A Jar of Wine". The story starts with the transfer of the village priest to another town. The villagers throw a party and ask everyone to bring wine and pour it into the wine jar for the priest, who was fond of good wine. One villager decided that he didn't want to waste his good wine on the priest and poured in water.

On the day of the party the priest was excited to pour some wine from the large jar. To his disappointment, there was only a watery wine. The villagers had not poured in their best wine and had poured in only water or watered-down wine.

I think this story reminds us to bring our best every day and that as a community of people we need to turn up, and turn up with our best, so that we all benefit from your gifts and talents. There are many in the college who bring their best time after time, and carry those that choose not to engage, not to attend or not to participate and give of their talents and gifts. Be it sport days, special days or just turning up every day with your "good wine", it is essential for the betterment of each student and sustainability of the traditions and energetic community at Johnnies.

My message to parents and carers: Be a parent not a pal; Attendance at all school days is essential and agreed to upon enrolment; and do not allow your child to withdraw from events, special days, or normal school days because they just don't wish to go. I am not talking about genuine illness or genuine family concerns; I am talking about a casual approach to what is chosen as worthy to attend or not.

Chris Gold
Principal

Celebrating a Strong Catholic Identity

Keeping up with the Times

Last term Year 10 students explored the Catholic Church's response to social justice issues. This unit offers students the opportunity to explore how two-thousand year old teachings are still relevant today. Despite being seen as old and outdated, the Church, through writing such as encyclicals address contemporary issues through the Catholic perspective lens. Pope Francis' latest encyclical (a letter) released October 2020,

Fratelli Tutti (On Fraternity and Social Friendship) is a call to come together in solidarity and renew our commitment to caring for our neighbour and build a global society on justice and respect for each other. In the first chapter he writes about the state of our global society where profit is promoted over people and the common good is sacrificed by the powerful. At a time where COVID is still a significant threat to all humanity, Pope Francis' message could not be more crucial. The following extract from paragraph 50 reminds us of the importance of real encounters as opposed to those provided by social media and technology.

"Together, we can seek the truth in dialogue, in relaxed conversation or in passionate debate. To do so calls for perseverance; it entails moments of silence and suffering, yet it can patiently embrace the broader experience of individuals and peoples. The flood of information at our fingertips does not make for greater wisdom. Wisdom is not born of quick searches on the internet nor is it a mass of unverified data. That is not the way to mature in the encounter with truth. Conversations revolve only around the latest data; they become merely horizontal and cumulative. We fail to keep our attention focused, to penetrate to the heart of matters, and to recognize what is essential to give meaning to our lives. Freedom thus becomes an illusion that we are peddled, easily confused with the ability to navigate the internet. The process of building fraternity, be it local or universal, can only be undertaken by spirits that are free and open to authentic encounters." (50)



Fiona Baker
Assistant Principal Formation & Identity



Mary, Our Mother

May is traditionally a time to honour Mary in special ways, such as with praying the Rosary. This year, we can look to Mary as a model for facing uncertain times. When faced with the news that she would be the Mother of God, Mary had questions but accepted God's plan for her with complete trust.

Hail Mary

Hail, Mary, full of grace; the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.
Amen.

What is the Rosary?

The Holy Rosary is a meditation on important stories in Scripture and Church tradition that teach the life, death and resurrection of Jesus and the life and love of Mary. The stories are grouped in four sets of themes called "Mysteries": The Joyful, Sorrowful, Glorious and Luminous Mysteries. Each Mystery of the Rosary has five stories.

The Rosary necklace has a few beads, a cross and a medallion at the starting point which signify the starting prayers. Then there are 5 sets of 10 beads (or decades) representing the five stories from each Mystery and the 10 Hail Mary prayers for each story. You can read the story at the beginning or during the decade of Hail Mary's.

What is Special about the Rosary?

It is a chance to slow down, appreciate, find your anchor point and become aware of God's love for you.

How to Pray the Rosary One Decade at a Time

Pick up my Rosary Beads: become aware of the love God has for me and relax into my heart.

Sign of the Cross: In the name of the Father, Son and Holy Spirit, Amen

Single Bead: Our Father

All: Our Father, who art in Heaven, hallowed be your Name. Your Kingdom come, your Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen

Each Bead in the Decade: Hail Mary

1) Contemplate upon and imagine the passage as it is read aloud by the leader

2) Pray silently in my heart or pray out loud. See ideas below. a. After my prayer, say: "Lord, hear us" b. All respond to spoken prayer with: "Lord, hear our prayer".

Below is a link to Pope Francis letter asking for people to pray the Rosary every day during May with some extra prayers.

http://www.vatican.va/content/francesco/en/letters/2020/documents/papa-francesco_20200425_lettera-mesedimaggio.html

Peace and blessings.

The Daily Bread Service

We continue to serve at the Daily Bread and are seeking 4-6 people to prepare and serve the patrons. If you can assist, please email tlangford@bne.catholic.edu.au or mobile 0417 071 168.



Wednesday 6th May – 3.45pm - 5.30pm
Monday 11th May – 3.45pm -5.30pm

'because love'

Hungry, Thirsty, Lonely, Sick, Naked, Rejected...
 What if... we stood up for our sisters and brothers on the margins to restore their human dignity?

You can make a difference to the marginalised in our local community BY volunteering at the local soup kitchen. We are not seeking regular commitment- it can be once a term or semester?

The Daily Bread- local Nambour soup kitchen.

Venue: St Luke's Lutheran Hall, Sydney St, Nambour
 Times: 4pm-6 pm

Monday 3rd May (Public holiday and Wednesday 5th May 2021

Please contact Tracey 0417 071 168

Youth Group 2021

What is IMPACT Youth?

- **IMPACT youth is a place where young people can just hang out in a positive and welcoming environment.**
- **It is a chance for younger students to meet and connect with senior students but also kids that you might not usually talk to!**
- **There is also an opportunity to discover, learn and build on any faith that you may have.**

Upcoming Events:

- **Friday 30th April**
- **4pm - 6pm**
- **St Joseph's Community Centre- Ryan Room**
- **Food provided.**
- **More info contact Tracey Langford 0417 071 168**
- **Parent volunteers welcome**

Tracey Langford
Campus Minister

Fostering a love of Learning and Teaching

Library News

Ever been called a 'bookworm?' I have!

I was wondering of the origin of why people who read lots of books are called 'Bookworms', and I came up with the following:

Bookworm (n.)

In the 1590s, it was known as "person devoted to study." By 1713 it referenced the larvae of certain insects that eat holes in the bindings and paper of old books. There is no single species known as a 'bookworm', but it is applied to the larvae of the anobium beetle (woodworm), silverfish, and booklice. Source:

<https://www.etymonline.com/word/bookworm>

Check out the graphic below for information about what 'bookworms' are called around the world.



Read on!

Mrs Corey, Miss McCaul and Miss Rowe

Supporting a Connected Community

Vaping & E-Cigarettes

Vaping is becoming a trendy pastime that is growing in popularity across Australia, especially amongst teenagers. It is the act of inhaling a vapour created by an electronic cigarette, or e-cigarette. Many teenagers are succumbing to peer pressure around this risk-taking activity due to the ease of accessing and hiding vapes. They are often cheaper than conventional cigarettes, making it more cost-effective and attractive to young people.

Although under 18s are not legally allowed to purchase any type of e-cigarette or vaping product in Australia, teenagers are finding ways to access them online. Australia has strict regulations in place for nicotine-containing products, and attempts are being made to regulate vaping and ban the importation of them. Many of the flavoured liquids associated with vaping, contain not only high levels of nicotine, but other potentially harmful additives. Many of these "e-liquids" contain chemicals that are likely to be toxic, that when inhaled or vaped repeatedly, can cause severe damage to the lungs.

Vaping is often marketed as being the "healthy" alternative to smoking. However, doctors strongly advise that if you do not smoke, then you should not start vaping. Most teenagers are unaware of the associated risks and potential impact vaping

can have on their development and overall health. Parents are encouraged to discuss the dangers of nicotine addiction and include e-cigarettes in the discussion alongside alcohol and drugs.

This Special Report highlights the facts around vaping and e-cigarettes and what are the potential risks. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report

https://stjohns.qld.schooltv.me/wellbeing_news/special-report-vaping-au

Brendan Macauley
Guidance Counsellor

2021 St John's College Cross Country

The annual school Cross Country event was held on Wednesday 28th April at Mooloolaba Spit and once again it was a fantastic day enjoyed by all. The races kicked off in the morning with students definitely bringing their competitive spirit. Our elite runners quickly set the pace, but that didn't stop any of our other students enjoying the races, many of them playing music and dancing their way to the finish line. Once again, we were joined by Queensland Life Saving who ran multiple fun activities on the beach for the students to participate in whilst not running their race.

Congratulations to Banksia House who won the event overall, followed by Acacia, Casuarina and Melaleuca.

Well done to our following Age Champions.

Under 12s – Grace Thomas and Ash Moore

Under 13s – Charlie Ray and Jesse Jones

Under 14s – Oceah Wulf and Felix Rivera

Under 15s – Maddison Payne and Lachlan Hayes

Under 16s – Isabella Leask and Will Clements

Under 18s – Greta Gowen and Declan Cassar-Smythe

A big congratulations to our 145 students who have qualified for the District Cross Country Carnival. Parents of these students please keep an eye on your emails for further details of the District Carnival, being held at Big Pineapple next Wednesday 5th May. We wish these runners all the best for next week.

Senior Boys and Girls Football Grand Final

Well done to our senior boys and girls football teams for making the grand final at Maroochydore Football Club last Wednesday 21st April. Both teams won their respective semi-final games against Siena College (Boys 6-1) and (Girls 3-0). The boys game was full of excitement with both teams highlighting the skill and team unity that led them to the grand final; however, the full time whistle ended in 0-0 forcing the teams to partake in the brutal gamble that is a penalty shot out. Unfortunately, after 5 successful penalties to St Teresa's, St John's narrowly missed the last shot of the game, leading to St Teresa's being crowned 2021 champion. The girls met their season rival in a replay of the Nambour derby up against Nambour State High

School. Although the game was tight throughout and Nambour continuously challenging the St John's defensive line, their fast paced and skilled attacking line led the girls to victory in 3-0 win. Well done to both teams on their amazing efforts and another successful year for SJC Football!



Cricket T20 Blast

On Tuesday some of our students competed in the T20 Cricket match against Sunshine Coast Grammar.

The game had everyone on the edge of their seats and was an absolute cliff-hanger with Grammar winning by a mere 1 run. All players put in a superb effort with highlights in both the field and batting.

Well done to all players who competed in this match and our previous match against Matthew Flinders.

We would like to say a special Thank You to Bailey Jones and Jai Potter, who as Year 12 students, have played their last game of cricket for St John's College. They have both represented the College since 2018 and been integral part of our team over the years.

2021 ANZAC Day Clash

Four of our Rugby teams played superb games against James Nash SHS in what is an annual event between the two schools, known as "The ANZAC Clash". The ANZAC Day Clash between SJC and James Nash has a proud 20 year history in our school rugby calendar.

The U13 Team played well and took home a big victory. The team structure is improving as the forward pods advanced the ball forward and the backs used their 'strike' play to move the ball to the wings. Defensively, the team was very strong, resulting in the opposition being kept to nil. The positivity of the team is their biggest strength and they are really starting to come together as a playing group.

A superb effort by our U15s – a 2nd half that changed the game! After going into half time down 17-12, our 17-0 second half showed the pride team members have in their jersey. Players were running harder, running wider, controlling possession and the ball movement was clean and cohesive. Additionally, some desperate defence on our goal line kept us in the game.

After watching James Nash snatch victory in the final minute in 2020, this year's 1st XV team were out to show that their off-season commitment and hard work had paid off. James Nash played an extremely physical game, challenging the 1st XV SJC team all game to dig deep in both defence and attack. The SJC boys stuck together and fought out a very convincing 38-0 victory. We are very proud of this group of young men and the way they represented SJC throughout this game. Special mention to Matty Barrett who was Best on Ground for the 1st XV in this clash.

1st XV St John's College 38 – James Nash SHS 0
 U15 St John's College 29 – James Nash SHS 17
 U14 St John's College 45 – James Nash SHS 5
 U13 St John's College 40 – James Nash SHS 0

Well done to all our Rugby players for bringing their best to the competition to return the ANZAC shield back to St John's.



Embracing change and continuous improvement

Careers

At St John's College we believe it's never too early to start planning your future career, which is why we have a dedicated Careers Team. For more information regarding Careers please visit the Parent Portal or the purpose built Careers Website. Alternatively please reach out to Bernadette or Kim at sjccareers@bne.catholic.edu.au or via the Appointments Calendar.

College Business

School Photos

Dear Parents,

Please be advised school photos will arrive next week! As soon as they arrive we will ensure they are distributed to students during PC, please check in with your children to obtain the photos.

If you have any major concerns with your photos please contact Academy Photos direct on 1800 816 224.

Tuckshop Volunteers



TUCKSHOP ROSTER
Tuckshop Convenor: Sharon Brady | Contact: 0411 583 169

WEEK 3, Term 2 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3rd May	4th May	5th May	6th May	7th May

WEEK 3, Term 2 2021

Labour Day	Volunteers Required	Tania Pam	Christine (12pm)	Volunteers Required
Public Holiday			Kristie	

The Week Ahead

The Week Ahead

Monday 3rd May	All Day: LABOUR DAY PUBLIC HOLIDAY Evening: Daily Bread
Tuesday 4th May	Morning: Surfing All Day: Bill Turner Cup (U15 Boys & Girls Football)
Wednesday 5th May	All Day: District Cross Country Afternoon: Rugby Matches 1st, 2nd & Intermediate A Netball Training Drama Production Rehearsals
Thursday 6th May	All Day: Y11 SAR Excursion Cooloola National Park Afternoon: Y7-9 Intermediate Girls Netball Training
Friday 7th May	All Day: Y11 SAR Excursion Cooloola National Park Y10 TAFE Trade School Taster

Note: Please check Team App for full updates on Sports Training and Match Information.

Contact Details

Dear Parents and carers,

Please login to 'My Details' in the Parent Portal to confirm that your details are correct or to update your contact details. This will ensure that you receive all communication from the College.

Gallery

2021 ANZAC Day Clash

