



St John's College Nambour

*Unbind and Set Free*

Perwillowen Road  
 Nambour QLD 4560  
 Subscribe: <https://stjohnsnambour.schoolzineplus.com/subscribe>

Email: [snambour@bne.catholic.edu.au](mailto:snambour@bne.catholic.edu.au)  
 Phone: 07 5441 5666



19 March 2021

## Principal's Message



Dear Johnnies Community,

This weekend marks the 42nd Anniversary of the Foundation of our relocation "on the hill" in 1979 at Perwillowen Road. At our assembly, I reminded the students of this and the fact that we were originally established here as St. Joseph's College. We changed our name to St. John's

College in 1985 and the Good Samaritan Sisters provided us with this name, and our college motto, "Unbind and Set Free", based on the words of Jesus as he called Lazarus from the grave:

...., he cried out in a loud voice, "Lazarus, here. Come out!" The dead man came out, his feet and hands bound with bands of stuff and a cloth around his face. Jesus said to them, "Unbind him, and let him go free." (John 11: 43-44)

I have attached some photos of 1979 for your perusal. The Principal at the time was Kathleen Rundall. The pictures show the building of the large water tank, which still exists today under the tuckshop seating area, the first Passion play up the hill, the first King and Queen of the Mountain, members of the Cross-country team, and one of the first year 8 classes. The school began its journey "on the hill" with 100 students.

We have nearly completed our interviews for Year 7, 2022. It has again been a great privilege to meet so many wonderful and talented young people wishing to join the Johnnies community. I have reacquainted myself with some parents and been introduced to many new ones.

Thank you to all our current parents and students for speaking so highly of the school to many Johnnies aspirants, this augers well for the continued tradition and growth of this great college.



*Building of the large water tank*



*Passion play*



*King and Queen of the Mountain*



*Cross Country*



*Early year 8 class*

**Mr Chris Gold**  
**Principal**

# Celebrating a Strong Catholic Identity

## Catholic Perspectives – Empathy and sensitivity

The Year 9 HPE Curriculum contains a section entitled Emotions, which are an essential part of being in a relationship. It goes on to explain that “the maturing of the physical body does not happen in isolation from the emotional, relational and spiritual dimension. Emotion is the link that connects the mind, body and spirit and provides the foundation of our ability to understand ourselves and relate to others with empathy and sensitivity. Burying, denying or suppressing emotions can lead to mental, physical, relational and spiritual unwellness (Pert, 1997). However, when well understood and directed responsibly, emotions can bring us closer together reflecting the true nature of our connectedness”. This week’s background information is on empathy and sensitivity.



### Empathy and sensitivity

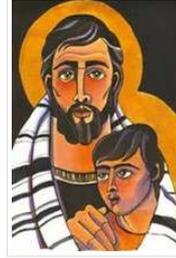
Compassion or Empathy describes the human ability to 'suffer with' someone else. Derived from Latin Passio, the English word Passions is the term classically used in the Catholic tradition for feelings or emotions. Passions denote how we are affected by events, people and actions and how we are moved to respond emotionally in some way. So 'com-passion' means 'with-feeling'. Affective maturity entails being aware of, understanding, and correctly acting upon one's own emotions. Affective maturity also involves having a well-developed ability to know how others feel. A life lived wholeheartedly is a life in which compassion plays an important role. Healthy relationships require us to be sensitive to how our words and actions affect other people. If the goal of life itself is human flourishing, then it has to be a goal for all people. So, the ways in which we think, speak and act have implications for how other people feel and view themselves, their own dignity as persons, and the worth of the world around them. Pope Saint John Paul II, in an interpretation of the second account of creation found in Genesis, talks about the original solitude of the first human being. John Paul II argues that this original solitude or 'alone-ness', is something which is true for every human being and their existence as human persons. The human being is different from every other being in God's Creation. The human being alone is a rational being. John Paul II also points out, however, that this self-awareness of difference from the rest of Creation is the necessary condition for the recognition of other human beings as beings like oneself. Therefore, we could say that compassion, the ability to feel with other people, is something that arises out of our own sense of being alone. We cannot really feel what other people feel. We can only feel what we believe they could be feeling. This step requires us to acknowledge that others are somehow like us and at the same time are radically different from us because each human being is a unique and original subject. We are each 'alone' whilst simultaneously always already 'together'. Compassion is the key human ability that binds these solitary beings into a community that works together to achieve their mutual flourishing and happiness. A life lived wholeheartedly is only possible as a life lived together.

<https://curriculum.bne.catholic.edu.au/Content/Sections?sections=29>

**Fiona Baker**  
**Assistant Principal Formation and Identity**

### St Joseph's Day

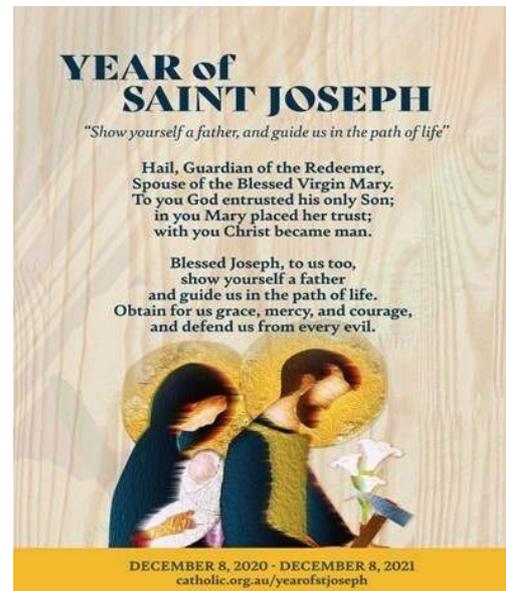
Today we celebrate the feast day of St Joseph's Father of Jesus



On 8 December 2020, Pope Francis published an Apostolic Letter *Patris corde* (With a Father's Heart) , commemorating the 150th anniversary of the declaration of Saint Joseph as Patron of the Universal Church. To mark the occasion, the Holy Father has proclaimed a “Year of St Joseph”, running from December 8, 2020 to December 8, 2021.

Joseph was a humble, strong, loving, obedient and accepting human, the foster father of Jesus who willingly took on the role of father. He protected the Holy Family in times of adversity and challenges and truly trusted in God. His virtues were modelled by Jesus, and he lived in Jesus' shadow. Joseph was a gift to the world and Father of Christian people. The aim of this Apostolic Letter is to increase our love for this great saint, to encourage us to implore his intercession and to imitate his virtues and zeal.

*Joseph@MichaelO'Neil McGrath, OSFS/www.bromickeymcgrath.com 2013*



**Tracey Langford**  
**Campus Minister**

### Project Compassion House Fundraising Challenge

The Social Action Committee has been humbled by the generosity of the school community in raising \$1174.90 this week. We still have two weeks to raise funds that will make a difference to others in our global community. Please continue to give what you can, as Saint Oscar

Romero challenges us to 'aspire not to have more but to be more'.

### Social Action Committee

House Fundraising Challenge	Melaleuca	Banksia	Casuarina	Acacia
Weekly Tally	\$325.40	\$267.55	\$381.65	\$202.30
Overall Tally	\$735.15	\$687.25	\$646.65	\$553.95

## Supporting a Connected Community

### ATTENTION STUDENTS and PARENTS

Today's THEATRESPORTS competition has been postponed.

## Fostering a love of Learning and Teaching

### NAPLAN Online – Information for Parents and Carers

All students in Years 7 and 9 are expected to participate in the annual *National Assessment Program – Literacy and Numeracy* (NAPLAN). NAPLAN assesses skills that are essential for every child to progress through school and life. Students will be tested in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy. The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN testing is conducted in May. Prior to NAPLAN, please familiarize yourself with information provided in the link below - 2021 NAPLAN Online Fact Sheet.

### Harmony Week- Everybody Belongs



The Stewardship and Culture Committee took the opportunity to celebrate Harmony Week by organising a variety of activities during lunch breaks at the school. The "Harmony Week" Banner was the first step in showing our support that "Everybody Belongs". Students and staff placed their painted handprint on the Harmony Tree reinforcing inclusiveness, respect, and a sense of belonging for everyone. On Tuesday, the Arts Committee ran a day of Music on the Piazza, with the St John's String Orchestra performing at morning tea, then several signing and band acts at lunch time. The encouragement from the large audience, for our junior students

being brave enough to perform, was wonderful to see. A huge thanks to Phoebe, Georgia, Mr Winters, KKM and Mr Wilson for organising the event.

Free Dress on St Patrick's Day allowed students to wear the colours represented on the flags from their family heritage. Thank you to all the students for your gold coin donations, the committee was humbled by the positive response. The Free Dress donations raised \$1007 that will go directly to the contribution of the school flagpoles. The SRC captains ran the St. Patrick's Day fun activities during the lunch breaks. Some great snake guessing games and face painting were the big winners. Billy and Bailey did a great job organising and running the activities. Mr Calvo ran the Teacher's vs Students soccer match with our special guest football player, Fr Odinaka, testing his skills. The crowd enjoyed a fast-paced game at lunch with the students winning with great confidence. We thank Fr Odinaka for trying his best in the staff team.

On Thursday, committee members baked their traditional family recipes including the much loved sold out Filipino Spring rolls, Hungarian Mini Chimney Cakes, treats from Greece, and of course Aussie lamingtons. We must thank students from Mr. Kiernan's and Mr. O'Connor's year 12 R&E classes who cooked Pad Thai Noodles and Nigerian Jollof Rice. A huge thanks to Tracey Langford for the assistance with cooking and Sharon Brady for helping with these hot meals. The Pad Thai noodles were a winner.

Harmony Week ends with the focus on the National Day of Action against Bullying and Violence. This day of action is recognised throughout Australia as a day for schools, students, and the community to say **Bullying No Way!** Committee Captains Sonny Weatherill, Mackenzie Brown and committee members are very grateful for the abundance of help this week from students, teachers, and office staff. It truly was a week of everybody coming together to share community spirit and celebrate the diverse cultures of the school.

### Amanda Tollner Student Mentor- Stewardship and Culture Committee

### Library – Harmony Week

Harmony Week has been celebrated across the SJC campus in a multitude of ways. Here in the library, we have had Harmony Week paper dolls chains, clickity clack, paper balloons and colouring ins. We are also celebrating the diverse and varied authors and topics within our library collection. If you are looking for a new book, come in and browse our Harmony Week display.



### Read on! Miss Corey, Miss McCaul and Miss Rowe

### Year 12 Geography Field Trip

On the 4th- 6th March, Year 12 Geography students travelled to K'gari (Fraser Island) to investigate the impacts of

recreational based tourism on the island's biophysical health. Students collected a diverse array of primary data and were grateful to hear firsthand knowledge about island management through a Queensland Parks and Wildlife Officer and a Butchulla Ranger. The field trip gave students an opportunity to investigate the island's World Heritage Listed features and gain an understanding of effective management strategies that successfully balance recreation with conservation.

Back in the classroom, students will now analyse their primary data in order to propose a strategy that addresses the anthropogenic impacts that were identified as challenges in relation to beach camping. Everyone felt privileged to visit such a unique and beautiful location. Mrs Gralike and the class would like to thank Mr Rod Kriz for his participation, support and contribution to learning.



## SJC Football Teachers v Students with guest of honor Fr Odinaka

It was a rainy day for our Teachers vs Students Football match but that didn't dampen the spirits of our competitors and spectators.

The teachers boasted a team with ex professional wannabe sportsmen, divine footwork and football fanatics, however they were still unable to take out the win. The students triumphantly won the match 5 – 3.

A special mention to the students who came down to cheer on their peers. The Mexican waves and chants from the bleachers most definitely inspired the students onto victory.

Well done to our student team. We can't wait to see them all in action again at next week's Semi-Final games.



## SJC Football Semi Finals

Good Luck to our SJC 1st XI Boys and 1st XI Girls Football teams who have secured places in the finals next Wednesday the 25th of March at Maroochydore Football Club.

Boy's games will be 4.00pm and Girls 4.50pm. Both teams are undefeated, displaying their amazing skills and playing in the spirit of the game – competitive but having fun.

We know the teams would appreciate your support so please come along and be part of the SJC Support Army!

**John Calvo**  
**Sports Program Leader/Teacher**

## Surfing

Week 3 of our surfing program saw our students catching plenty of waves at Mudjimba. Surfing students are receiving excellent coaching from ex-student coach, Tomas Kriz, who is working with the more experienced boys, and from Bailey Ghent, who is coaching and providing guidance to our juniors. We also have a very strong contingent of girls being coached by Kara Peterson.



**Rod Kriz**  
**Surfing Coordinator**

## College Business

### Student Locks

Dear Parents,

We had a substantial number of students in the office this week purchasing new locks.

A huge thank you to all the parents who helped facilitate this and who helped us remind students of the importance of keeping all personal items locked in their lockers at all times.

Locks are still available via Qkr! or at the office should you need to purchase a new one.

Thank you again!

## Tuckshop Volunteers



TUCKSHOP ROSTER				
Tuckshop Convenor: Sharon Brady   Contact: 0411 583 169				
WEEK 9A - TERM 1, 2021				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 <sup>nd</sup> March	23 <sup>rd</sup> March	24 <sup>th</sup> March	25 <sup>th</sup> March	26 <sup>th</sup> March
Shellee	Carrie	Volunteers Required	Volunteers Required	Teresa Y

## The Week Ahead

The Week Ahead		
<b>Monday 22nd March</b>	Morning:	Open Boys Football Training
	All Day:	Year 7 2022 Interviews Continue (all week)
	Afternoon:	Netball Matches Open Boys Rugby Training Open Girls Football Training
<b>Tuesday 23rd March</b>	Morning:	Surfing commences
	All Day:	Year 10 Hospitality Coffee Excursion (P1-4)
<b>Wednesday 24th March</b>	Afternoon:	Open Boys and Girls Football Matches
		Open Boys Rugby Training
		1st, 2nd, Intermediate A Netball Training
		Drama Production Rehearsals
<b>Thursday 25th March</b>	Afternoon:	Y7, 8, 9 & Intermediate Girls Netball Training
<b>Friday 26th March</b>		

Note: Please check Team App for full updates on Sports Training and Match Information.

## Embracing change and continuous improvement

### Careers Hub – University Showcase

Friday 12th March, our Year 12 cohort participated in the Uni Showcase.

Designed for both ATAR and Non-ATAR Year 12 students, the University Showcase is a travelling roadshow of representatives from Queensland Universities, TAFE Queensland and the Australian Defence Force. The Showcase visits schools to deliver course information, answer questions, and provide a career market experience. The students had access to a wide range of tertiary education providers (all in one place) and received valuable information to prepare for life after high school.

A presentation was given on all aspects of going to University, including: Tertiary Pathways, how to apply (QTAC), costs, accommodation options and adapting to University life.

Students then had the opportunity to speak one-on-one with each Showcase representative in a career market environment.

Don't forget, it's never too early to start planning your career and the SJC Careers Team are here to help. For more information visit the Parent Portal or the dedicated Careers Website.

To speak with a Careers Counsellor email Bernadette or Kim at [sjccareers@bne.catholic.edu.au](mailto:sjccareers@bne.catholic.edu.au) or book an appointment via the online Appointments Calendar.



### International Women's Day Leadership Development High Tea

On March 9th I had the pleasure of accompanying Year 12 students, Eliza Claridge and Claire Walsh, to the Australian Defence Force International Women's Day Leadership Development High Tea. Female students from various Sunshine Coast schools were given the opportunity to hear from current serving women in the ADF who highlighted their experience and provided insights on how being in the ADF fits in with their lifestyle, study, work, and family commitments. The High Tea is offered to two female students every year and is run by the WID (Women in Defence) Leadership team who support all female applicants throughout their entire application process.



“Last week I was given the opportunity to attend a 'Women in ADF' high tea. There were students from other schools and women from the Air Force, Navy, and Army who shared their experiences as women in the Australian Defence Force. It was very insightful into the opportunities that the ADF have for young women and the many advantages that come with serving. This inspired me to complete an application for the Gap Year. I have since completed my Aptitude Test and look forward to my ‘You Session’ in the coming week”.

**Eliza Claridge, Year 12**

### Australian Defence Force Careers

INTERESTED IN A CAREER WITH THE ADF: Consider a career like no other and represent Australia with pride in the Navy, Army or Air Force.

Defence Force Recruiting | Your Defence career starts here. - Careers Event

**Bernadette Natoli and Kim Harrison**  
**The Vocational Education Team**

### SJC Football Teachers v Students with guest of honor Fr Odinaka



### Harmony Week



### Careers Hub – University Showcase



## Community News



## Gallery

### Year 12 Geography Field Trip



### Surfing

