



St John's College Nambour

Unbind and Set Free

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5 March 2021

Principal's Message



Dear Johnnies Community,

I was gifted today to hear the "Good News Story" at assembly relating to the many volunteers at the Daily Bread, the soup kitchen, at Nambour. Families are involved, the First XV were present too, and many of the volunteers have been doing so for a number of years. Please consider,

particularly during this Lenten season, volunteering once or twice a month to feed the homeless. Mother Teresa spoke often about the homeless and this quote is priceless.

"Hungry not only for bread - but hungry for love. Naked not only for clothing - but naked of human dignity and respect. Homeless not only for want of a home of bricks - but homeless because of rejection." Mother Teresa

If we can't manage this, then help your child to donate to the Lenten appeal at school. I challenged the students to aim at \$5 a day for five weeks, which would see \$20,000 raised. However, to date we have just \$1200 with four weeks left to donate. Caritas ensure that your money goes to some of world's poorest and provides, water, shelter, and sanitation.

Perhaps our personal fasting and feasting should be guided by the following:

Fast from criticism, and feast on praise.

Fast from self-pity, and feast on joy.

Fast from ill-temper, and feast on peace.

Fast from resentment, and feast on contentment.

Fast from jealousy, and feast on love.

Fast from prize, and feast on humility.

Fast from selfishness, and feast on service.

Fast from fear, and feast on faith.

Fast from gossip, and feast on the integrity of others!

Today we farewelled Mrs Elizabeth Pashen for the remainder of the year. Liz has accepted a great opportunity as an Education Officer Religious Education at BCE. We are fortunate to have had Liz with us on staff for the last twelve months and she has definitely been inspirational in the areas of English, writing, literacy, and Religious Education. We wish Liz all the best in her new challenge.

Replacing Liz will be a young teacher from Mareeba, Hanna Zazzi. Hannah will join us from term 2 and be teaching English, Religion and SOR. Hannah has a **BACHELOR OF EDUCATION (HONORS CLASS I)** and is currently studying a Master of Education, in inclusive education.

Mr Chris Gold
Principal

AGM P&F Meeting – Tuesday 9th March 5:30pm

Seeking a P&F President

The P&F Committee is very different at Secondary school compared to primary school. It is held once a term and is an efficient and effective meeting, in a relaxed environment, giving parents an opportunity to voice their ideas to the Principal. There are no fund-raising commitments. The P&F role is to support the College and discuss the distribution of the P&F funds to best suit our Students' education requirements plus the running and maintenance of the college. We also create social events for the community. You may have enjoyed our welcome BBQ! Come along and represent our parent community. All are welcome.

Guisseppina Painter
P&F Secretary

Celebrating a Strong Catholic Identity

Catholic Perspectives – Resilience

Currently the Leadership Team and Pastoral Leaders are mapping our Whole School Pastoral Care Program, looking for gaps and opportunities to enrich student opportunities.

Recently students completed the Student Wellbeing Survey, and from this data, we have collected student voice. Our planning continues to be student centred and allows for student voice. In examining our program and the student data, we were reminded of the importance of building resilience in our young people. Our Camps, Retreats, Reflection Days and whole school community building events, challenge students to be courageous, stepping from the comfort zone into the fear zone. Emotions, while in the fear zone, can be all consuming and when they “dominate our thinking and acting in a way that compromises our freedom, then we are not living the fully human lives that we are created to live” (Catholic Perspective: Resilience). With support, the experiences designed for each Year Level aim to improve emotional, intellectual, and behavioural development, as well as develop creativity, problem-solving, independence and confidence, leading to resilience.

This week I have included a section from the Catholic Perspective on Resilience. The full document can be found on the College Website.

Human Beings are creatures of emotion. Living wholeheartedly means embracing these emotions without being defined by them. Emotions are part of the suite of human capacities that enable us to navigate our relationships. We are afraid or angry in the face of perceived threats to our own flourishing or survival and desire things we perceive as good for us. Humans take pleasure in the enjoyment of things that are good and are sad when they perceive a lack of good things. Sometimes these emotions can come to be associated with things that are inappropriate. We may be angry at someone when in fact the circumstances that have given rise to our anger are a result of our own actions. We may be dominated by a fear of something, such as open spaces, that from a statistical point of view, is highly unlikely to kill us. We may desire things that are not good for us or take pleasure in things that are harmful such as the classical vices of envy, gluttony, lust, and greed. We may become deeply depressed in circumstances which materially-speaking, really are not that bad. These examples illustrate how emotions, like so many of the attributes of the human person, are good for us. Emotions help us to flourish when we learn to experience, understand, and act on them in an appropriate way. However, emotions can be damaging to us if they dominate us.

BCE Curriculum (bne.catholic.edu.au)



Fiona Baker
Formation & Identity

Week 3 of Lent

Pope Francis's encyclical on ecology and climate change, *Laudato Si'*: On Care for Our Common Home, has started new conversations on how we fulfill our duty to care for Creation.



For many of us when we were kids, Lent was only about giving up things. And while fasting plays a crucial role in our ecological conversions, Lent is about more than just giving up something.

Pope Francis addresses “every person on this planet” on how we are sharing the future planet. This Lent consider joining our community and committing to concrete changes that reduce our ecological footprint and inspire our sisters and brothers to join this ecological conversion and spread the hope.

For example, eliminate as much disposable plastic from your life as possible; it breaks down into tiny particles that enter streams, lakes and oceans, harming harm fish and other wildlife. Instead, keep a reusable water bottle; wash and reuse plastic sandwich and snack bags, or try replacing them with waxed paper or waxed-paper bags, which can be composted.

St John’s has introduced blue bins to reduce our landfill - please use these bins for your bottles, cans and poppers.

Together let us **Be More** this Lent!

This week we have been overwhelmed by our House Fundraising Challenge, with a total of \$553.50 raised for Project Compassion. Well done to Acacia who raised the most this week and have taken the lead in our fundraising challenge so far.

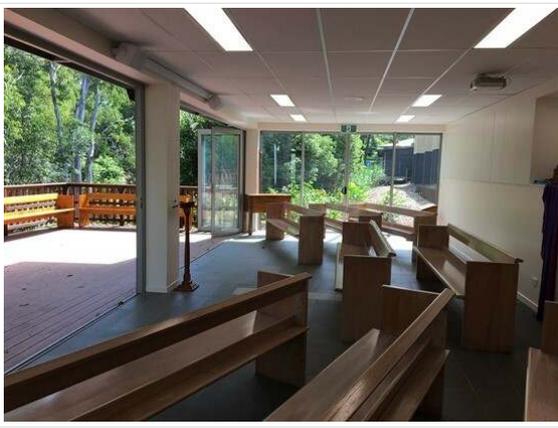
House Fundraising Challenge	Melaleuca	Banksia	Casuarina	Acacia
Weekly Tally	\$142.70	\$108.40	\$89.60	\$212.80
Overall Tally	\$224.75	\$189.30	\$152.80	\$260.00

Prayer

Merciful God, during this Lenten season, may we listen compassionately to the cries of those who are wandering ... especially the poor, the homeless, the rejected, the refugee, the lonely and the excluded. May we be a listening presence to our family and our community. May we listen attentively to the call of creation to care for, honour and treasure our common home. Amen.

Prayer Space

Did you know St John’s College has a dedicated Prayer Space! Recently we were given the opportunity to put our Care for Creation in practice by recycling and repurposing old pews from St Mary’s Anglican Church. We are loving our new look prayer space.



Supporting a Connected Community

Stewardship and Culture Committee



The Stewardship and Culture Committee has started the Term with some exciting plans and ideas for events happening over the school year. With a fantastic turnout at our meetings, we are grateful to have so many student members willing to step up and make a difference. Captains Mackenzie Brown and Sonny Wetherill are settling into the role with ease and their kind welcoming natures make all members feel welcome.

Blue Bins



A big thank you to all the students doing the right thing and making a huge difference to landfill! The school has collected and recycled 3,341 bottles, poppers, and cans, raising a total of \$302 which will go towards the SJC community garden. A huge thank you to everyone from the 12R&E classes and Committee who are sorting these bins out each week, you are doing a great job! A special thanks goes to Leanne Matthews

and Tracey Langford for the inspiration and for initiating the Blue bins project at SJC.

Student pls note: Milk Cartons are recycled in the small baskets not the blue bins.

Keep up the great work!

Harmony Week

The Committee is busy planning activities for Harmony Week in week 8.

Free Dress

We will have Free Dress on Wednesday 17th March with the theme "Colours of the World". This will coincide with St Patrick's Day activities run by the SRC Captains. Please note that a **\$2 donation** is needed for the free dress and all proceeds will go to raising money for the installation of flagpoles for the school. The Committee is excited to see the Australian National Flag and Aboriginal and Torres Strait Islander Flags flying proudly at St John's.

Food of the World day

On Thursday 18th March, food from around the world will be available to buy at lunchtime. We will have Pad Thai and Nigerian Jollof rice as our main meals plus several treats from other countries. The proceeds from "Food of the World" will go to Caritas. Check out the flyer for details.

Amanda Tollner

Inclusion and Diversity Program Leader- Humanities and Religion Teacher

A BIG SHOUT OUT TO OUR VOLUNTEERS

Thank you to our Daily Bread team leaders, Declan Cassar Smythe (Monday), Nicole Garcia (Wednesday) and their teams who ensured the meals were heated and served to patrons at The Daily Bread. This week St John's Monday crew were able to serve the guests in the hall following COVID safe protocols.



Our Christian values are exemplified in our actions at school while preparing the meals, and at the hall, where we serve those in need. Being actively engaged in the life of our community provides a foundation for lifelong growth by practising our faith. We live and believe in being present to those who are marginalised. This faith experience helps build relationships with our peers, our family, and our community. It is part of the mission of who we are at St John's, being in solidarity with the poor and advocate for those sufferings from injustices.

Thank you also to the Year 12 Religion & Ethics students who prepared meals for St Joseph's Parish Helping Hands group under the direction of coordinator Kate Boursassa.

If you would like to find out more about the Daily Bread, please visit our St John's College Facebook page.



Fostering a love of Learning and Teaching

Arts News

Introducing the 2021 Arts Captains: Georgia Wessels and Phoebe Erbacher.



The two girls have both experience and passion for the Arts. After last year's cancellation of most Arts events, they are thrilled to be leading, co-ordinating and supporting a variety of exciting events. They have been working hard on getting The Arts out to students. You don't have to study one of the Arts to enjoy and appreciate them.

The Arts Café is up and running with the help of Mr. Wilson and Mrs. Anning. It is happening every Tuesday at lunchtime offering a casual atmosphere for students to share their work.

On Wednesday, we had our first 'pop up Art' event on the stage in the Piazza. Thank you to Mrs. Thompson for organising the canvas and to Year 12 Art student Kayla Williams for her design and assisting students with painting choices. The painting will 'pop up' again to be continued.



The school production, Peter and the Starcatcher is in rehearsal and 41 students from Years 7-12 are getting into roles such as pirates surprisingly easily. They are doing a great job and working extremely well as an ensemble. More information and photos in future newsletters.



This Sunday, St. John's College is hosting the Sunshine Coast Schools' Drama Festival annual BOOT CAMP. Always a popular event where drama students have the opportunity to participate in a full day of workshops.

It's going to be a busy year ahead with The Arts and we are looking forward to every second of it!

SAVE THE DATE - THEATRESPORTS

When: Friday, 19th March, 6:30 – 9:00pm

Where: Drama rooms

Cost: free

Theme: Fairytales

More information to follow.

Library

As we start to get into assessment time we would like to remind you that the Library staff are a good support system.

The Library is open from 8.00am to 3.30pm and can help you with:

- Printing
- TV4 Education
- Referencing and research help
- Assignment support (if your teacher is unavailable to help)
- A study space

We are happy to help

Read on!

Miss Corey, Miss McCaul and Miss Rowe

2021 Surfing

Last Tuesday saw the commencement of the St John's College Surfing program. The weather was perfect and the sun was shining to welcome us for week 1, but even better was the enthusiasm and talent shown by our surfing team. We are looking forward to seeing what's to come in the 2021 Surfing program.



Football News

Congratulations to our Open Boys and Girls Footballs teams who both had convincing wins against Siena College in their last home game of the season played on Wednesday. The Boys took out the win 15-0 and the Girls 3-0. Both teams are undefeated this season and are eagerly chasing the Grand Final Cup. For more information on upcoming game locations, please check Team App.

College Business

Tuckshop Volunteers



TUCKSHOP ROSTER				
Tuckshop Convenor: Sharon Brady Contact: 0411 583 169				
WEEK 7A - TERM 1, 2021				
MONDAY 8 th March	TUESDAY 9 th March	WEDNESDAY 10 th March	THURSDAY 11 th March	FRIDAY 12 th March
Shelly	Volunteers Required	Vicky	Volunteers Required	Volunteers Required

The Week Ahead

The Week Ahead	
Monday 8th March	Morning: Open Boys Football Training All Day: Year 7 2021 Interviews Commence Year 10 Legal Studies Excursion Year 12 Biology Excursion Afternoon: Netball Matches Open Boys Rugby Training Open Girls Football Training
Tuesday 9th March	Morning: Surfing
Wednesday 10th March	Afternoon: Open Boys and Girls Football Matches Open Boys Rugby Training 1st, 2nd, Intermediate A Netball Training Drama Production Rehearsals

The Week Ahead

Thursday 11th March	Afternoon: Y7, 8, 9 & Intermediate Girls Netball Training Open Boys Football Gym Session
Friday 12th March	All Day: Year 8 Geography Excursion

Note: Please check Team App for full updates on Sports Training and Match Information.

Embracing change and continuous improvement

Careers Hub



Do you need additional Career information? Everything you need is easily accessible in two convenient locations...

1. Parent Portal. Click here to access the Careers Bulletins and Careers Handouts on the Parent Portal (under the Career Button)
2. Dedicated Careers Website. Click here to visit the Careers website. Under the "Important Info" tab you will find links to video presentations, university information, ADF, TAFE, Traineeships and so much more.

What are you waiting for, jump online and start your career. For additional support don't hesitate to get in touch with the team.

Careers Counsellor Booking Calendar

Bernadette Natoli (Careers Counsellor):
 sjccareers@bne.catholic.edu.au (Mon-Thurs)
 Kim E Harrison (Pathways Assistant):
 sjccareers@bne.catholic.edu.au (Tues-Fri)

Community News

Sunshine Coast Refugee Action Network

Your invited to a Photo and Film Night at the Majestic Cinema on Tuesday 16th March at 5.30pm. The photographic exhibition "Sum of Us" and the film, "The Merger" are in celebration of Harmony Week. Tickets are only \$5.00, jump online to book yours now The Merger - Special Harmony Week Screening & Exhibition, Nambour, 16th of March | Humanitix.

Gallery

Stewardship and Culture Committee



Blue Bins



Surfing Program



Week 5 Indonesian Consulate and Attache for Education and Culture visits St John's College



The Arts

