

St John's Tuckshop Weekly Menu

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BREAKFAST SMART START

Bacon & Egg Muffin	\$3.50
Croissant	\$3.50
Fresh Fruit Salad	\$4.00
Gourmet Yoghurt	\$3.00
Cereal Bowl	\$2.50
Muesli Yoghurt	\$4.00

SUPER SNACKS

Cheese & Crackers	\$2.00
Muffins	\$2.00
Cakes	\$2.50
Slice/Biscuits	\$2.00

ICE BLOCKS

Assorted Ice Blocks From	\$0.50
Sorbet Mango	\$1.00
Real Fruit Slushie	\$2.00

SANDWICH & SALAD BAR

Assorted Sandwiches From	\$4.00
WRAPS	\$4.50
ROLLS	\$4.50

ADD \$1.00 FOR GLUTEN FREE

Salad (Lettuce, Tomato, Carrot, Cucumber & Cheese Egg & Lettuce Chicken & Salad Ham & Salad Ham, Cheese & Tomato	
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SALAD TUB

Caesar Salad with Chicken	\$5.00
Garden Salad GF	\$5.00
Add Ham or Chicken	\$0.50

SALAD ON THE GO

(New Salad Every Week)	\$3.50
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BAGETTE

Chicken & Avo	\$5.50
Ham, Cheese and Tomato	\$5.00

HOT FOOD

Sausage Roll	\$4.00
Pizza	\$4.00
Pepperoni / Ham & Pineapple/ Vege	
Vegetarian Ravioli	\$4.50

DRINKS

MILO Milk Small	\$2.00
Hot Chocolate (Winter Only)	\$2.00
100% Juices 250ml Popper	\$1.50
Water From	\$1.00



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DAILY SPECIALS

MONDAY

Penne Bolognese	Small	\$3.50
	Large	\$4.50

GF Option Available

TUESDAY

Sushi	\$3.00
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(Chicken/Tuna/Vege)

GF Option Available

Hamburger	\$4.50
Vege Burger	\$4.50

WEDNESDAY

Butter Chicken GF	Small	\$3.50
	Large	\$4.50

THURSDAY

Nacho Beef/ Vege GF	\$4.50
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FRIDAY

Carbonara	Small	\$3.50
	Large	\$4.50
Lasagne GF Option Available	\$4.50	
Focaccia	\$4.50	

(Aioli, Baby Spinach, Roast
Pumpkin, Tomato, fets)

